



Relationships & Sex Policy

1. **Aims**

Sex and Relationships Education within Hayton School aims to provide opportunities for pupils to develop the skills, knowledge and understanding they need to lead confident, healthy, independent lives and become active and informed citizens. Information will be delivered in an accepting and honest way, which enables young people to contribute, and as deemed age-appropriate. This policy is a working document which provides guidance and information on all aspects of SRE in the school for staff, parents/carers and governors. The materials and resources that are used are available on request.

2. **Objectives**

Effective sex and relationship education is essential if young people are to make responsible and well informed decisions about their lives. Personal, Social and Emotional Health Education (PSHE) is taught from entry into school through to Year 6 as part of a balanced programme of Health Education in general. The objective of SRE is to help and support young people through their physical, emotional and moral development. SRE should contribute to promoting the spiritual, moral, cultural, mental and physical development of pupils at school and of society and preparing pupils for the opportunities, responsibilities and experiences of adult life enabling them to make informed decisions about their health and well-being. (Sex and Relationship Guidance DfE 2000)

3. **Delivery**

The majority of the SRE programme will be delivered by school staff either through class teachers or a member of staff who is a trained professional. Occasionally, other agencies/ visiting speakers may be invited to input into the programme. All linked agencies will be appraised of this policy and where they fit within the planned programme; there will be discussions before any input, including on confidentiality issues, and joint evaluation afterwards. No visitor will work with pupils in a classroom situation without a teacher present.

Parents have the right to withdraw their children from any SRE that falls outside of the statutory curriculum (*Education Act, 1996*- they cannot withdraw from human reproduction as in NC Science, for example.) Any parents expressing concerns will be invited into school for discussions with the head teacher and teachers responsible for delivering the programme, and to view materials and resources. Should they still decide to exercise this right school will make provision for the supervision of the child within another classroom. The parent will be advised that they have an obligation to provide the information at home using information available from the DfES.

Teachers will answer pupil questions appropriately and using their professional judgement, in line with this policy. There is no expectation that any teacher delivering SRE will automatically answer pupil questions, as this may infringe personal boundaries. However, in this instance, pupils will be advised to talk to their parents, another member of staff, or advised as to where they may be able to access information e.g. help-lines, websites, leaflets etc.

Sex and Relationship Education will focus on:

Attitudes and Values

- Learning about the values of family life and stable relationships.
- Learning the value of respect, love and care.
- Exploring, considering and understanding moral dilemmas.
- Developing critical thinking as part of decision making.

Personal and Social Skills

- Learning to manage emotions and relationships confidently and sensitively.
- Developing self-respect and empathy for others.
- Learning to make choices based on understanding of differences and with the absence of prejudice.
- Providing opportunities for young people to develop the ability to understand the consequences of their decisions and actions, and to manage conflict.

Knowledge and Understanding

- Information about healthier, safer lifestyles.
- Physical development.
- Emotions, relationships and reproduction.

Curriculum Content:

Reception and Year 1: The focus will be on children being able to understand the importance of:

- Self-esteem and respect for others
- The concept of growth and change
- Relationships – family, friends; understanding others and respecting difference
- Feelings, bullying
- Personal hygiene
- Knowing places that are safe and where to go for help
- Making safe choices – saying no, when to keep a secret, when to tell
- Knowing that we have rights over our own bodies.

In Years 2,3,4,5 and 6

- Self-esteem and respect for their own and others bodies
- Knowing the correct names for the external parts of the body, including sexual parts
- Recognising risk/making safe choices – who has access to their bodies?
- Resisting unwanted peer pressure
- The influence of the media
- How to access help
- Feelings, bullying
- Personal hygiene
- Relationships (family, friends, love, marriage)
- New life – growth of human babies in the womb, birth of babies and caring for their needs
- Puberty – body changes in girls and boys using appropriate vocabulary; feelings and emotional change; how changes at puberty effect bodily hygiene
- Conception – process of reproduction and terms used.

4. Resources

The following programme will be used:

The Christopher Winter Project: Teaching SRE with Confidence in Primary Schools

5. Staff Development and Training Opportunities

The governors acknowledge that the effective teaching of SRE, within the PSHE framework, requires particular skills and expertise. All staff will have the opportunity to attend awareness-raising sessions and to discuss whole-school issues. Those staff with specific responsibility for delivering the programme will be consulted as to their particular training requirements, and access to these will be through CPD, LIN etc. It is essential that those teachers delivering the programme are confident in their abilities, and in the support offered by this policy.

Reviewed by governing body:

Signed by: (head teacher and chair of governors)

Review date: November 2019