



Hayton C of E Primary School, Hayton, Brampton, Cumbria, CA8 9HR
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Acting Head Teacher: Mrs Catherine Gosson-Low

2nd September 2021

Dear Parents

Exciting New Family Learning Opportunity

From the Autumn Term 2021, we are very pleased to say that Hayton School will again be able to offer a range of family learning opportunities for the Early Years Foundation Stage, Key Stage 1 and Key Stage 2 parents and children. These weekly sessions are free of charge and will be run in conjunction with the support of Cumbria County Council at our school.

To begin with, we are able to offer parents and children a 'Happy Minds' course on a Monday mornings from 9.30am to 11.30am for five weeks from 20th September 2021.

During the Happy Minds course, parents meet together for the first hour with the course tutor, Jannette King, to learn how to support their children's wellbeing, resilience and learning. Then, after a short coffee/juice and biscuits break, your child/children will join in with a series of practical challenges and making resources. Topics covered include ways to manage uncomfortable feelings, building self-esteem, "it's ok to make mistakes", persevering and coping with change.

This course aims to enable family members to take a more active role in supporting their child's development and education and every Family Learning course includes practical ideas and activities that can be followed up at home. This is a great opportunity to build children's confidence and support their communication skills, with a look at how this can have a positive impact on their learning and overall wellbeing.

All parents and carers want their children to do well at school and to succeed. However, many simply don't know where to start. Everything seems to have changed and perhaps you do not want to confuse your children by using different methods to their teacher. Family Learning can help. Family Learning is where both children and adults are involved in learning activities together and, through these shared experiences, the culture of learning in the family grows, and children have a greater opportunity of succeeding in life.

Family Learning also helps parents and carers improve their self-confidence and parenting skills and their ability to help their children learn. Children benefit because parents become more interested and involved in their child's school life, learning how to support them more effectively. Family Learning also encourages all the family to participate in life-long learning;

for some parents it can be the first step towards developing further learning for themselves or engaging in volunteer work or seeking paid employment.

Family Learning is a great opportunity for parents and carers to find out how their children are being taught in school and ways that they can be supported at home, and to join in with some fun activities in a relaxed and friendly environment.

Over the course of the year, we will be able to offer a range of courses which are specifically designed to enable parents and carers to learn how to support their children's learning during a series of two hour interactive and fun sessions. During these sessions, parents will be encouraged to spend time observing, listening and interacting with their child. These sessions will cover a range of topics such as, wellbeing and resilience, phonics, numeracy and literacy.

If you would like to join this exciting opportunity, please return the slip below by Friday 10th September confirming your commitment to attend the course. Please note that one or both parents/carers may attend the course. However, in order for the sessions to run we would need a minimum of 6 families to take part.

Kind regards

Mrs Gosson-Low

I am/we are able to take part in the Family Learning sessions for 5 weeks from 20th September 2021 until 18th October 2021 - 9.30am-11.30am

Name of Child/ren: _____ Year/s: _____

Name of Adult/s: _____ Signed: _____